President’s Column

The topic for this year’s Oratorical Contest is “How My Best Brings Out the Best in Others”. Let me try a bit of a twist on that topic as I attempt to express my intentions to do my best to bring out the best in the Twin City Optimist Club as your president.

I Promise:

- To stay strong and enthusiastic throughout the coming year.
- To speak glowingly of all our endeavors to others I meet in my daily life.
- To learn more about each of you and to seek out your advice and talent.
- To always promote a positive climate at every meeting and positive thinking in every project.
- To encourage you to imagine the possible and dream big, then ask “how can I help”? 
- To give my best effort to being organized and up to date so that I can keep up with you.
- To learn from my mistakes and do better the next time.
- To consistently shine a positive light on the special talents and efforts each of you give to the goals of our club.
- To preside over meetings and other activities with a joyful spirit and occasionally make you smile or a laugh.
- To graciously accept your assistance and feedback, even when I don’t think I need it.
- To always wear my “gratitude hat” for all your encouragement, friendship, patience and support.

However, I won’t promise:

- To keep any sort of number in my head,
- To not transpose any number,
- To remember everything
- To stand on a stool, platform or, riser or booster...... of any sort, or
- To wear a hat at every meeting.

Now let us all promise to have a productive, successful, joyful year.

Optimistically, Cheri
Just a few pics from the Twin City Craft Fair booth on September 12th. We did really well with total profit of $360.15. Thanks to all of you for working so hard making, painting items, working the booth, for the donuts, donations, quilt raffle from Natalie, and all that helped with clean up. Couldn’t do it all without you. Face painting (and leg painting) was a big hit, thanks to Sophie and Josie and their mom, Maria. We all need to learn how to do that for next year!

~~Katie Huck

Contact Katie Huck to get involved with the Junior Optimist Octagon International Club! The Halloween Party is Sun., Oct. 25 at West City Park and shopping for Back Packs for Foster Kids is Thur., Nov. 5.

*****

Dave Bruns, from the White Lakes Optimist Club of Topeka, KS, is the 2015-2016 Optimist International President. Each year the new President designs a new logo and this is Mr. Bruns’ logo.
You Choose It

I am going to change the masthead of our newsletter and I need your help. I have narrowed the options to the following 3 versions. Please vote by emailing me at mhat123@yahoo.com with your preference.

Thank you for your design assistance!

Mary Hatfield

Version 1

Twin City Area Optimist Club

YOUTH FOCUS

November 2015

Version 2

Twin City Area Optimist Club

FOCUS ON YOUTH

November 2015

Version 3

Twin City Area Optimist Club

YOUTH FOCUS

November 2015
Welcome New Members!

Connie Stubblefield (Right) with her sponsor Terri Wolk.

Krystal Roussin (Right) with her sponsor Nancy Smock

Sandy Kossman (Right) with her sponsor Mary Hatfield

On September 24th Connie Stubblefield, Krystal Roussin, and Sandy Kossman were officially inducted into our club by our guest, Todd McMillin, Optimist International Regional Vice President, Middle America Region. Welcome aboard Connie, Krystal, and Sandy!
The Installation Luncheon was held on Thursday, September 24, 2015. Outgoing President Mary Hatfield gave her final remarks. Her motto this year was “Together We Can” and she feels the year ended as “Together We Did”. Mary stated she is always lifted by the high level of energy and the caring members of the club. Scrapbook Chair and Incoming President Cheri Phillips presented Mary with the scrapbook of her presidential year. Cheri also shared her wishes and hopes for the coming year.

We were so pleased that Todd McMillin, Optimist International Regional Vice President, Middle America Region, could join us today to officiate at the actual installation ceremony!

Caryl Harness lead the group in the usual roast of the Outgoing President sharing that Mary had a past as a flower child as modeled by Judy Lowe dressed as such. Caryl went deep into Mary’s past and found that Mary fell in love with her future husband, who happened to be in a band. Mary was Joe’s #1 groupie and sat by the end of the stage as his band played at her high school prom. It took Mary awhile to develop her skill of gourmet cooking. According to Joe, she tried her hand at Hamburger Helper and biscuits. Joe said the biscuits could have been used by the St. Louis Blues.

Mary confessed that sometimes the power of ringing the bell during meetings felt good, so Mary was presented with her very own bell. Perfection was Mary’s goal and in her ladylike demeanor and soft voice, she would always start each meeting by reminding everyone to turn off or turn down their cell phones. Needless to say, Mary took some razzing for this as several members just happened to receive phone calls during today’s luncheon. She also had a habit of forgetting to draw for 50/50. In jest, Elizabeth Check presented her with a long strip of 50/50 tickets.

The roast was all in good-hearted fun! Mary was thanked for her service and presented with a bouquet of flowers. Mary will now serve as Past President and as Lieutenant Governor for Zone 10.

Thanks Caryl Harness, Marie Schuh, and Kathy Nausley for arranging the installation luncheon.

~~Mary McDowell
[See additional photos on the next page.]
Installation Luncheon

The Out-going board members are pictured below.
Recent Speakers

The speakers on September 3rd were Kay Bock and Stephanie Flore who spoke regarding Human Sex Trafficking, which is one focus of Crisis Aid International. It has been on the news recently that St. Louis is a hub for transporting girls for sex trafficking.

Stephanie shared that the organization was started by Pat Bradley after a short trip to southern Sudan. As his group was getting ready to leave, there were 75-80 people who were fleeing their village due to the threat of death by the government. The people were cut up as they ran through razor grass. The temperature was 120 degrees and Mr. Bradley’s group had no food or water to provide to them. All he good do was pray as he left them behind. As he recounted his story to others, he began receiving donations to help the people of Sudan. He was able to provide rice for 3,000 people that stood in line for over eight hours.

The organization was incorporated in 2002 and provides a nutritional feeding program to 11 different countries. The program feeds 12,000 each month in Ethiopia alone. The organization also provides medical clinics and homes for girls rescued from human sex trafficking. Kay became involved in Crisis Aid International after a visit to Cambodia. At the time, her daughter was three years old and the cause struck a cord with her.

Kay shared that there is a safe house in the St. Louis area for rescued girls who are adults. Just recently a home has been approved for girls younger than 18 years old. There are 30 girls residing in the safe house. The youngest is 8 years old and the oldest is 16. There are a variety of stories and girls come from good and bad homes. There are only a handful of safe homes in the U.S. Referrals of girls come from law enforcement.

The girls generally are runaways and are not kidnapped. About 25% come from families that pimp their daughters for drug money. Most are lured by men that make them feel special and take care of them. The men gain their trust first and then break them down in order to recruit them into doing whatever he wants them to do. It's a psychological game. The human trafficker or pimp prey on young girls between the ages of 12-14. Some of the girls come to them with scars on their wrists from being chained up or handcuffed. Most of the girls do not see themselves as victims and the organization treats them as survivors. There are girls from the Jefferson County area that have been involved in human sex trafficking.

Although there is no way to guarantee that the girls will not return to their pimp due to loyalty, there is hope. Thanks to the safe houses some of the girls graduate from high school and start college. If they have become pregnant, some move back home to take care of their child.

It costs over $600,000.00 annually to operate the safe house, which includes medical and staffing costs. There is a small office, but volunteers are sometimes needed.

Help with making the jewelry, which is made from repurposed items and then sold on line. The group meets at Faith Lutheran Church in Oakville. To date, this group has raised have $100,000.00. Their on-line store has repeat designs. Jewelry items will also be sold at an upcoming craft fair at Concordia Lutheran Church in Kirkwood (across from the Magic House) on November 19. Stephanie became involved in the bracelet project about 4.5 years ago a church leader. Stephanie used her talents and experience in jewelry-making to organize a group of women at her church to make and sell bracelets to raise funds for the safe house.

For more information, go to www.crisisaid.org and http://www.crisisaid.org/braceletproject.

~Mary McDowell

Recent Speakers continues on next page
The topic for our program on September 10 was **Jefferson County Toy Distribution.** This program distributes toys and much more for children in need in the Jefferson County for Christmas. Kathy Ogle, long-time friend of Ellen Ravenscraft and many other Optimist members, coordinates the efforts of the program. It all started in 1983 when Kathy and Ellen worked together at the Jefferson-Franklin County Action (JFCA). In 1988, the JFCA no longer supported the program and Kathy continued it in her own home. As the need increased and the program grew, it was moved to the Hematite Christian Church and now is held in the Festus Armory and a large storage unit is used instead of Kathy’s barn. In the past, people would camp out in the parking lots in order to get the first choice of gifts. The one-day distribution is now a very well organized system. Families are given a number. Over 100 volunteers on distribution day to assist with shopping for age-and-gender appropriate gifts as well as check out of the items selected. This year’s distribution will take place on December 19, 2015.

Toys for Tots partnered with the JC Toy Distribution seven years ago. Even though Toys for Tots is a nationwide program, any toys contributed to Toys for Tots collection boxes in Jefferson County are distributed through the JC Toy Distribution program.

It was noted the JC Toy Distribution program provides for children birth to age 16. The Optimist Club Head Start program only serves pre-school children. Jefferson County has a database to determine that families are only receiving once from the many programs available, so there is no duplication. Referrals are received from the Jefferson-Franklin Community Action, local school districts, and food pantries. Each child receives four new toys, hats/gloves, clothes, stocking stuffers, personal items, undergarments, and socks. In addition, each family receives a bag of groceries. There were 2,000 children served last year.

The program is a 501(c)(3) organization. Planning goes on throughout the year by an eight-person committee that meets every six weeks. The annual spaghetti dinner fundraiser will be held on November 8, 2015, from 11:00 a.m. to 3:00 p.m. There will also be a basket and 50/50 raffle.

Elizabeth Check shared that she lived in a Catholic orphanage and she still remembers receiving gifts from a homemaker’s organization. The JC Toy Distribution organization has also provided funding for the Homeless Youth Initiative. Elizabeth noted that the most popular gift request is socks.

~~Mary McDowell

Seems no one is immune
Dictionaries

Organizer: a person who arranges an event or activity; Jan Donnell

The dictionaries arrived on September 17 and our club members quickly counted them, inserted the Optimist stickers and JOOI Club applications, and re-boxed them according to school size. Each year or club distributes dictionaries to all third grade children in southern Jefferson County.

In addition to the volunteers who sorted and distributed the dictionaries, Jan was assisted by DeAnna Vaughn.

Thank you everyone!
Appreciation: gratitude, thankful recognition; expressed by area 3rd graders and their teachers!
2015-2016 Committees and Their Members

A & A (completing and filing documents/all year)
Chair: Carroll Metzger (Judy Meyers assisting)

ART CONTEST – Summer preliminary work, event in November
Chair: Janet Mace, Co Chair- Judy Meyers
Preliminary Work: Jean Naeger, Sorting on Friday, Nov. 6: Elsie Williams, Pat Doegnes, Mary Kay Scott, Barb Bates, Joanne Chamberlain, Set up and show, Sunday Nov. 8: Elsie Williams, Leisa Spiker, Cheri Phillips Jo-Ann Thompson (judge)

BACK TO SCHOOL FAIR (August)
Chair: Ellen Ravenscraft
Members: Jane Kost, (pictures), Sandy Mouser, Vicki G., Jan Donnell, Judy Meyers, Cheri Phillips, Sue Boyer

BIKE HELMET SAFETY PROGRAM – Spring
Chair: Katie Huck
Members: Jean Naeger, Nancy Smock, Janet Mace, Sandy Todd

CHAPLAIN
Chair – Ellie King
Substitutes: Jo-Ann Thompson and Gini Skaggs

CLUB FELLOWSHIP
Chair – PAT DOENGES

COATS FOR KIDS
Chair: Cindy Cherry
Members: Judy Williams, Kitty Ebersoldt, Sandy Mouser, Ginni Skaggs, Connie Stubblefield

CHILD HOOD CANCER
Chair: Jean Naeger
Members: Glenna Mangelsdorf, Connie Stubblefield

DICTIONARY PROJECT – September 2016
Chair : Jan Donnell, Co-chair: Tracy Anderson
Members: Kitty Ebersoldt, R7, Pat Sweet, Arlene DiGonia, Janet Mace, Mary McDowell, Becky Douglas, Vicki Greminger, Sandy Mouser, Gini Skaggs, Judy Meyers

DISTRICT MEETINGS
Chair: Sue Boyer

WEEKLY E-MAIL UPDATES
Chair: Mary McDowell
Members: (Substitutes) Terri Flagg, Elizabeth Check

ESSAY CONTEST – January
Chair: Terri Wolk
Members: Connie Stubblefield, Bernie Sikoriski, Joanne Chamberlain

GOLF TOURNAMENT – August 2016
Chair: Ellen Bridgewater
Members: Kitty Ebersoldt, Pat Sweet, Nancy Smook, Pat Doenges (Registration), Joyce Koch (registration), Judy Meyers, (food), Score Keepers and day of help: ___________________

HEAD START CHRISTMAS – December
Chairs: Kitty Ebersoldt and Martha Dement
Members: Pamela Cernik, Michele Blum, Judy Williams, Jean Naeger, Mary Kay Scott, Gerty O’Leary, Sharon Wiley, Jean Martin, Ellen Ravenscraft, Vicki Greminger, Elsie Williams, Connie Stubblefield, Elizabeth Check (wrapping) Sandy Mouser

HOLIDAY FOOD BASKETS – Easter & Thanksgiving
Chair: Kitty Ebersoldt and Martha Dement
Members: Pat Parsons, Carol Schanz, Judy Williams, Barb Bates, Sue Boyer, Pat Sweet, Jean Naeger, Dorothy Stafford

INTERNATIONAL CONVENTION
Chair: Sue Boyer
JUNIOR OPTIMIST OCTAGON CLUB (JOOI)
Chair : Katie Huck    Co-Chair
Back Packs for Foster Kids:  
  Helpers:  Mary Kay Scott,  
Talent Show:  
  Helpers:  
Christmas Caroling:  Mary Kay Scott  
  Helpers:  
Halloween Party: Oct, 25 Mary Hatfield 
  Helpers:  Jean Naeger, Cheri Phillips Ronald McDonald Hou  
Twin Cities Days:  
  Helpers:  
Host meetings, (6 people needed):  Cheri Phillips Oct 1, Mary Kay Scott 

KOEZE NUT FUNDRAISER – October
Chair: Barb Schmidt  
  Computer Input:  Pat Parsons, Sorting: Judy Kreitler, Jean Naeger, Judy Williams, Tracy Anderson;  
  Delivery:  

MARKETING COMMITTEE
Chair: Mary Hatfield

MEMBERSHIP RETENTION & NEW CLUB BUILDING AND MENTORING
Chair: Bernie Sikorski  
  Members:  Judy Meyers, Katie Hauk

NEWSLETTER
Chair: Mary Hatfield

NOW MEETING – February & July (or dates as chosen by the chair.)
  Chair: Loretta Kelly  
  Members:  

OLD BAG LUNCHEON – August, 2015
Chair: Carol Schanz  
  Members:  Pat Parson, Pamela Cernik, Michele Blum, Gini Skaggs

OKTOBERFEST---OCTOBER 2016
Chair:  Co-Chair  
  Members:  Judy Meyers (help with food), Pat Parsons, Jan Donnell, Terri Wolk (sponsorships), Cindy Cherry, Mary Hatfield (marketing), Sandy Mouser (pretzels)

ORATORICAL CONTEST – Fall preliminary work & contest in February
Co-Chairs:  Elizabeth Check, Dorthea Kehm 
  Members:  Mary Kay Scott, Joanne Chamberlain

PROGRAMS
Chair: Caryl Harness  
  Members:  Ellen Ravenscraft

RESPECT FOR LAW – May or June
Chair: Judy Williams  
  Members:  Arlene DeGonia, Cindy Cherry

SCHOLARSHIPS
Chair: Bernie Sikorski  
  Members:  Jefferson College:  Sue Boyer; Homeless: Elizabeth Check, Mary Kay Scott

SCRAPBOOK (all year)
Chair: Leisa Spiker  
  Digital Photographer:  Barb Schmidt

TRIVIA NIGHT – March
Chair: Sue Boyer  
  Members:  Michele Blum, Judy Williams, Jean Naeger, Jane Kost, Sandy Mouser, Leisa Spiker, Judy Meyers, Mary Kay Scott

TWIN CITY DAYS – September, 2016
Chair: Ellie King  
  Members:  

WEBSITE
Chair: Kristen Stillman  
  Members:  

WOMEN’S SHELTER
Chair – Jo-Ann Thompson  
  Members:  Carol Schanz, Gerty O’Leary, Arlene DeGonia, Barb Bates, Sandy Todd, Lil Flynn, Becky Douglas, Jean Naeger, Jan Donnell

YOUTH APPRECIATION – April
Chair: Joanne Chamberlain  
  Members:  Ellen Ravenscraft, Elsie Williams
Each year our Twin City Area Optimist Club has a booth right in the heart of the Main Street fair during Twin City Days and this year was no exception. We were out in force marketing all of the programs our club supports as part of bringing out the best in kids and selling tickets to our fund raisers. Even our husbands got in on the action!

…and here we are at Grace Presbyterian Church’s Fall Festival
On A Personal Note

- On Sept. 10, Tracy Anderson bragged on her daughter, Stella, who has been selected to be on the Festus Homecoming Court.
- Also on Sept. 10 Martha Dement bragged that her granddaughter, who is in the 6th grade, ran for Student Council Treasurer. The students were so impressed with her speech that they elected her to the office. Usually the older students get elected. Martha also shared that her son and his partner won a prize at the recent Cake Dive. The prize was a wedding dress. Since they did not need the dress, they traded for the reception prize.
- Pam Cernik said on Sept. 10 that her 7th grade grandson was very excited about his first football that was last night. He is #23 for Festus.
- Ellen Ravenscraft was excited to announce on Sept. 10 that her daughter passed the CPA test.
- On Sept. 17 Kitty Ebersoldt bragged on her children and grandchildren, who recently surprised Kitty and her husband, Gary, with an anniversary party.
- Also on that date, Mary McDowell bragged on her youngest son, Sean. Mary received an e-mail from the school secretary with the subject “Outstanding Young Man”. Sean went to the school office to ask if he could lower the flag to half-staff on 09/11.
- Leisa Spiker bragged on Sept. 17 that her first grandson was born last Thursday. His bilirubin level is being monitored, but he is otherwise healthy.

NEW THIS YEAR
BUDDY PROGRAM!

Bernie Sikorski is chairing an innovative initiative for seasoned members and new members alike. Orientation and retention of our Optimist Club members is important to all of us. New members need help in understanding our international and local organization, our culture and our politics. An Optimist Club buddy program is a great tool to assist us in obtaining these objectives. The Buddy Program is a wonderful way to accelerate the new member’s integration into the club because now the new member will have a Buddy as well as the Sponsor! The Buddy will be a positive role model, nurturer of possibilities and advocate for their new member. How easy it will be for the Buddy to take the initiative to call the new member twice a month (check-in, answer questions, listen) and greet her at meetings thereby making her feel welcome!

To get started simply fill out the form below and return it to Bernie and join the many members who have already signed up!

OPTIMIST BUDDY INTEREST FORM:

○ Yes! Count me in! I would like to be an Optimist Buddy!

Name __________________________ Telephone Number __________________________

E-mail Address ______________________________________________________________

Optimist projects you enjoy leading: ______________________________________________

Optimist projects you participate in: ______________________________________________

What special skills will you bring to the Buddy Program: ______________________________

Please return to Bernie Sikorski. Thank you.
ZONE 10 MEETING Sat., Nov. 7
Our 1st Zone meeting for the new Optimist year will be on Saturday, November 7, 2015 at 9:00 a.m. at the Ponderosa, 3601 Jeffco Blvd., Arnold. Our own Mary Hatfield is the Lt. Governor and she will conduct the meetings as a forum for the 4 clubs in the Zone (Twin City Area Optimist Club, Optimist Club of Mehlville, Optimist Club of St. Louis – South Side, and Optimist Club of Arnold – Imperial) to share ideas. No registration required; just arrive with your enthusiasm!

DISTRICT MEETING / 1ST QUARTER CONFERENCE Nov. 20-21
Our 1st District Meeting for the East Missouri District will be held on Fri. & Sat., Nov. 20-21 at Stony Creek Hotel and Conference Center, Columbia, MO. Our District Governor, Dwight Pollard’s vision for the new year is Bridging Optimist Service with Communities and Families. Our club will pay your registration fee. Early registration ends Nov. 1, so let Sue Boyer know right away if you are attending. But walk-ins are also welcome!

INTERNATIONAL CONVENTION June 30-July 2, 2016
The theme of the 98th International Convention is Rediscover Optimism. The convention will be held on June 30 –July 2 at the Hilton Quebec, Quebec City, Quebec, Canada. Our club will pay your registration fee for this meeting also; let Sue Boyer know if you will be attending.

ART CONTEST Sun., Nov. 8
Janet Mace is chairing the art contest on Sunday, November 8 at Reflections on Main. This event typically draws 300 pieces of fabulous art from local children. We have lots of helpers for organizing the art work at the library, but could use a few more volunteers for setting up the art and helping during the show. - the more the merrier.

Also, we are asking for donations of cookies (store bought) for the art contest reception. You may bring them to a meeting, to the reception or Janet will gladly pick them up. Art supplies for the students are welcome also. We have drawing pads and a few canvases. Other supplies that would be appreciated are: colored pencils, paint brushes, paints (acrylic, oil, watercolor, tempera), pastels, hand cleaner, and charcoal pencils. As always, your help is greatly appreciated. If you have any questions regarding the art contest, please contact Janet.
ORDERS ARE DUE NOV. 19 – GIVE TO BARB SCHMIDT
Cooking with Optimists

**Apple Crisp**

8 - 9 Granny Smith apples  
1 1/2 cup brown sugar  
1 cup flour  
1 cup rolled oats  
1 tsp. cinnamon  
1 tsp nutmeg  
1/2 cup cold butter

Heat oven to 375 degrees - grease 9 x 13 glass pan. Peel and cut apples into slices and layer in dish. Mix dry ingredients and cut in butter until mixture is crumbly - sprinkle over apples. Bake 30 - 35 minutes until  
top is brown. Serve with ice cream or whipped cream if desired.  

---Janet Mace

**********

**German Chocolate Upside Down Cake**

1 c. flaked coconut  
1 c. chopped pecans  
1 pkg. German Chocolate Cake Mix  
1 stick butter or margarine  
1 8-oz. pkg cream cheese, softened  
1-lb. box powdered sugar

Combine coconut & pecans; spread evenly in greased 9x13x9" pan. Mix cake mix according to package directions. Pour over coconut-pecan mixture. Put butter & cream cheese in sauce pan; heat until mixture is warm enough to stir in powdered sugar. Spoon mixture over top of cake batter. As cake bakes, the cream cheese mixture will settle to bottom with coconut and pecans, a making a delicious frosting. Bake at 350°F for 50-60 mins. or until done. Serve from pan, but do not cut until cake is cooled.

---Judy Kreitler

**Layered Salad**

Lettuce of your choice, chopped in small pieces  
1 cup chopped celery  
3-4 hard cooked eggs, chopped  
1 cup + frozen peas, thawed  
1/2 pound bacon, fried and crumbled  
red onion, chopped (to your taste)

Dressing  
2 cups real mayo  
1 pk. Hidden Valley Ranch Dressing  
8 oz. sour cream  
(I added 1 or 2 tbs. sugar (to your taste)

Layer ingredients in pan as listed.  
Frost with dressing.  
Coat well with shredded cheddar cheese.  
Cover and refrigerate. Some people make 24 hours ahead.

---Vicki Gremminger
Programs

**October**
- October 1 – Foster Parenting
- October 8 – Update
- October 15 – Getting to Know You
- October 22 – NOW Meeting
- October 29 – Halloween Party

**November**
- November 5 - Update
- November 12 – Tai Chi
- November 19 – Orphan Train
- November 26 – Thanksgiving - No Meeting

---

**Perfect Attendance**

Please try to come to every meeting! Not only do we have to pay Reflections on Main for a minimum of 40 meals whether 40 people attend or not, but we miss you when you are not here! The programs committee always has fun and interesting speakers at each meeting (see above list) and you have the opportunity brag about the wonderful things going on in your life or maybe inform us of someone who needs our prayers. So no excuses – see you every Thursday!

Also be sure to turn in your 2014-2015 calendars to the registration desk or to Mary Hatfield soon because she and Pam Cernik will be finalizing perfect attendance records shortly.

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**NEWSLETTER DEADLINES**

Newsletters are generally distributed every month. Deadline for submitting articles and pictures is the first Monday of the month. Please send information and photos to Mary Hatfield at mhat123@yahoo.com
# Twin City Area Optimist Club

**Member Name:**

## October 2015

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<td>3 Oktoberfest Michelle</td>
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**PERFECT ATTENDANCE:** Members interested in being recognized for “Perfect Attendance” should use the monthly calendars to record their attendance. On the dates of weekly meetings, please mark attendance or non-attendance as follows:

- Meeting attended: √
- Meeting missed: X
- Missed due to illness or out of town: E (exemption)

Make-up credit is also given for attending board meetings or participating in any club activities. Members should track their own make-up credit and record it on a monthly calendar when it is used.

Print your name at the top of the calendar and submit at a weekly meeting to Pam Cernik.

Number of meetings attended: ________

Number of make-up credits used: ________

List make-up credits: ______________________
________________________
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### Twin City Area Optimist Club

**Member Name:**

**November 2015**

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<td>13 Deborah McCreary</td>
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<td>22</td>
<td>23</td>
<td>24 Arlene DeGonia</td>
<td>25</td>
<td>26 <strong>Thanksgiving Day</strong></td>
<td>27</td>
<td>28 Jane Kost</td>
</tr>
<tr>
<td>Susan Bowman</td>
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<td>29</td>
<td>30</td>
<td>Notes:</td>
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</tbody>
</table>

**PERFECT ATTENDANCE:** Members interested in being recognized for “Perfect Attendance” should use the monthly calendars to record their attendance. On the dates of weekly meetings, please mark attendance or non-attendance as follows:

- Meeting attended: √
- Meeting missed: X
- Missed due to illness or out of town: E (exemption)

Make-up credit is also given for attending board meetings or participating in any club activities. Members should track their own make-up credit and record it on a monthly calendar when it is used.

Print your name at the top of the calendar and submit at a weekly meeting to Pam Cernik.

- Number of meetings attended: ________
- Number of make-up credits used: ________
- List make-up credits: ______________________
  ______________________
  ______________________

19
Weekly meetings held every Thursday 12 Noon at Reflections on Main (formerly Frederick’s), 201 E. Main Street, Festus. 

Bring a Friend!

www.twincityoptimist.org

The Optimist Creed

Promise yourself:
To be so strong, that nothing can disturb your peace of mind. *To talk health, happiness, and prosperity to every person you meet. *To make all your friends feel that there is something in them. *To look at the sunny side of everything and make your optimism come true. *To think only of the best, to work only for the best, and to expect only the best. *To be just as enthusiastic about the success of others as you are about your own. *To forget the mistakes of the past and press on to the greater achievements of the future. *To wear a cheerful countenance at all times and give every living creature you meet a smile. *To give so much time to the improvement of yourself that you have no time to criticize others. *To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

OPTIMIST INTERNATIONAL

2015-2016
CLUB OFFICERS & BOARD MEMBERS

President: Cheri Phillips
Past President: Mary Hatfield
President Elect: Cindy Cherry
Treasurer: Megan Meyer
Treasurer Elect: Jenna Silva
Secretary: Janet Mace
Secretary Elect: Pam Cernik
Sgt. at Arms: Linda Portell

Board Members: Judy Kreitler
Kim Elbl
Glenna Manglesdorf

2015/2016-2016/2017
Board Members: Joanne Chamberlain
Leisa Spiker
Ellen Ravenscraft

Weekly E-mail Updates: Mary McDowell
(636) 937-2175 Mk_mcdowell@yahoo.com

Newsletter Editor: Mary Hatfield
(636) 937-7240 mhat123@yahoo.com

Scrapbook Chairperson: Leisa Spiker
636-931-7285 edwardsnker@gmail.com